



7th Annual World Congress

DiCD 2025

Dialogues In Interventional & Clinical Dermatology

Theme : Transformative Journeys,
Connect, Share, Resolve

22nd - 25th

December 2025

**Hotel Grand Hyatt, Goa,
India**

SCIENTIFIC AGENDA



www.saarcaad.org

Welcome Message



Dear Esteemed Colleague,

We are extremely excited to invite you to our next DiCD (Dialogues in Interventional & Clinical Dermatology), 2025 World Congress of the SAARC Association of Aesthetic Dermatology. This will be a historic meeting where the most senior stalwarts and the young turks from the Dermatology fraternity will come together and share Knowledge on the most pressing issues in the world of Dermatology and Aesthetics. The congress will be held on 22nd to 25th December 2025 at Hotel Grand Hyatt, Goa, India.

The theme of the DiCD Congress is “Transformative Journeys, Connect, Share, Resolve”. This fusion promises to be a spectacular intellectual feast. It will feature a diverse program encompassing Hands-on Workshops, case-based discussions, symposiums and debates. While the foundational principles remain constant, the techniques and execution have significantly evolved. Our combined meeting aims to offer a comprehensive overview of these recent developments, providing in-depth analysis and guidance on future trajectories. Our primary objective is to explore how these breakthroughs can enhance patient outcomes.

Emphasis during this combined conference will be laid on Joint Presentation and the ever-challenging area of Clinical & Aesthetic Dermatology. This event isn't just about academic growth, we also recognize the importance of camaraderie amongst all colleagues.

Our gathering promises ample opportunities for socializing and networking, fostering collaborative relationships that can propel your practice forward.

We hope DiCD 2025 World Congress will be professionally rewarding, scientifically stimulating and personally enjoyable. We also hope you enjoy your stay in Goa, renowned for its stunning beaches, vibrant culture, rich history, bustling night markets, diverse cuisine, lush forests, serene rivers, and scenic waterfalls.

Please join us in what promises to be 'The Conference of 2025'



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DAY 1, Monday, 22nd December 2025



09:00-11:00 am

AI Simulation Workshop

Chairperson : Dr. Ramanjit Singh, Dr. Ajay Sharma, Dr. Amit Madan

Course Director : Dr. Deepak Jhakar, Dr. Ishmeet Kaur

11:00-01:00 pm

Regenerative Medicine

Chairperson : Dr S.M. Ahmed Shamim, Dr Anuj Pall, Dr Sumit Gupta (Lucknow)

Moderator : Dr Farida Modi

11:00-11:20 am

Exosomes

Dr Madhuri Agarwal

11:20-11:40 am

Profilo (Courtesy: Alma)

Dr Kalpana Sarangi

11:40-12:00 pm

PDRN

Dr Karthik Raja

12:00-12:20 pm

Growth Factors/Peptides

Dr Geeta Patel

12:20-12:40 pm

Skin Booster

Dr Mikki Singh

12:40-01:00 pm

PRP/GFC

Dr Sukesh M.S

01:00-02:00 pm

Lunch Break

02:00-04:00 pm

Devices

Course Directors : Dr Anurag Tiwari, Dr Anil Ganjoo, Dr Gaurav Nakra

02:00-02:13 pm

25 years of experience on Lumenis IPL: One Device to treat more than 36 aesthetic indications - Dr Uddhav Patil (Courtesy: Lumenus)

02:13-02:26 pm

Pigmentary Lasers

Dr Ana Teles

02:26-02:39 pm

Fractional

Dr Jagdish Sakhiya

02:39-02:52 pm

Laser Combinations

Dr Piyush Barkhatariya

02:52-03:05 pm

Mastering the evolving LHR technologies

Dr Anil Ganjoo

03:05-03:18 pm

Intense pulsed light-My go to machine

Dr Avitus John

03:18-03:31 pm

Body Contouring

Dr Ajay Sharma

03:31-03:44 pm

Erbium: Glass

Dr Neeraj Pandey

03:44-04:00 pm

Combining resurfacing techniques for a wholesome outcome

Dr Anuj Pall

04:00-05:30 pm

Threads (Courtesy: APTOS)

Course Directors : Dr Kalpana Sarangi, Dr Madhuri Agarwal, Dr Neetu Rajdeo

Hands-On Faculty :

Dr Indu Ballani, Dr Jyotsna Deo, Dr Rupali A Pavaskar



DAY 2, Tuesday, 23rd December 2025 (Hall A)



Main Conference Program

08:00-09:30 am

Session I

International Cadaveric Symposia on Injectables and Threads - Live from Singapore

Chairperson : Dr R P Gupta, Dr Suresh Talwar, Dr Seetharam K.

Moderator : Dr Malavika Kohli, Dr Viral Desai

09:30-11:00 am

Session II Atopic Dermatitis - The Itch and The Scratch

Chairperson : Dr R D Mukhija, Dr Amala Kamat, Dr Alka Dogra

Moderator : Dr Abhishek De

Atopic Dermatitis - The Itch and The Scratch

Dr Kaushal Verma (**Keynote Address**) (20 mins)

Voting Pad Questions

5 mins

Case Presentations :

Dr Niti Khunger (8 mins)

Dr Vinay Singh (8 mins)

Panelists :

Dr Manoj Ram, Dr Kashish Kalra, Dr Anil K Aggarwal, Dr Samipa Mukherjee
Dr Imrose Mohit

Audience Moderator :

Dr Anurag Tiwari (40 mins)

Treating the Atopic Skin Aesthetically:

Dr Malavika Kohli (8 mins)

Conclusion: By Moderator

11:00-12:30 pm

Session III Pigmentary Disorders

Chairpersons : Dr Govind S Mittal, Dr Aneesh S, Dr Dharmendra Karn

Case Crackers :

Moderator : Dr Neeraj Pandey

Audience Moderator :

Dr Sumit Gupta (Delhi)

Case Presentations : (5 mins each)

11:00-11:05 am

Dr Bhavini Lodaya

11:05-11:10 am

Dr Shikha Gupta

11:10-11:15 am

Dr Radhika Kopikar

11:15-11:20 am

Dr Himanshu Gupta

11:20-11:25 am

Dr Kashish Kalra

11:25-11:30 am

Dr Dharmendra Karn

11:30-11:50 am

Keynote Address on Melasma - Dr Rashmi Sarkar

11:50-12:30 pm

Medley

11:50-12:00 pm

Topical Skin Boosters

TBA (Embelish)

12:00-12:15 pm

Vocal for local, India shines, The first Indigenous filler by Reliance

Dr Malavika Kohli (Reliance)

12:15-12:30 pm

Delivery of New Age Actives for Skin and Hair using Million Fractional Therapy with Dermapen4 Dr Anil Ganjoo (Dermapen)



12:30-01:00 pm

Session IV - Clinico-Pathological Correlation - The Eye-Scope Connect

Chairperson : Dr V P Kaushik, Dr Ganesh Pai, Dr Atul Kochhar

Speakers : Dr Vinoo Sekhri and Dr Rajeev Sekhri

01:00-01:30 pm

Session V - Industry Partner: Fluence Pharma

Chairperson : Dr Mukesh Girdhar, Dr Rishi Parashar, Dr Vinay Singh

01:00-01:15 pm

SOP based cyclical topical therapy, A revolutionary breakthrough for facial melanosis management

TBA

01:15-01:30 pm

New age oral minoxidil in combination with Bicalutamide and Spironolactone

Dr Sukesh M.S.

01:30-02:00 pm

Lunch Break

02:00-02:20 pm

Session VI - Let's look at life beyond dermatology

Chairpersons : Dr R P Gupta, Dr R D Mukhija, Dr Karla Falerio

02:00-02:20 pm

Hear from the master himself: Marriage and Dermatology: A helping hand
Dr Ganesh Pai

02:20-03:15 pm

Session VII - 50 Shades of Acne

Chairpersons : Dr Shrilata Trasi, Dr Shyamanta Barua, Dr Himanshu Gupta

02:20-02:30 pm

Newer insights and interventions in acne

Dr Rashmi Sharma

02:30-02:40 pm

Hormonal acne and its ramification

Dr Naguesh Pai Kakode

02:40-02:50 pm

Managing PIE and PIH in acne

Dr Maya Vedamurty

02:50-03:00 pm

Pre-teen acne: A new scourge

Dr Rajetha Damishety

Judges: Dr Niti Khunger, Dr Neeraj Pandey

03:00-03:15 pm

Tug of War: Peels Vs Lasers in Acne and Sequelae

Peels : Dr Atula Gupta (5+2mins) **vs** **Lasers :** Dr Sachin Dhawan (5+2mins)

03:15-03:45 pm

Session VIII - Innovations in Dermatology

Chairpersons : Dr Anurag Tiwari, Dr Sanjeev Gulati, Dr Rahul Arora

03:15-03:30 pm

PRX : The Wonder Topical Lifting System (Courtesy : Emcutix)

Dr Malvika Kohli, Dr Neeraj Pandey

03:30-03:45 pm

Vitiligo a double whammy: Challenge to managing competence

Dr Mukesh Girdhar (Courtesy: Eris Oaknet)



03:45-04:45 pm

Session IX - Unraveling The Fantasy Of Bollywood: Motivational Speech By The Great Anu Kapoor Ji

04:45-05:00 pm

Selecting the right sunscreen as per guidelines for the Indian skins-
Dr Malavika Kohli (Courtesy: Glenmark)

05:00-06:00 pm

Medley I

Chairpersons : Dr A K Sarkar, Dr Mukesh Girdhar, Dr Amit Madan

05:00-05:20 pm

Optimising Usage of CO2 Laser in practice
Dr Gaurav Nakra

05:20-05:30 pm

GLP1 Story of Weight Loss
Dr Farida Modi

05:30-05:40 pm

Correcting the GLP1 Facies
Dr Ishad Agarwal

05:40-05:50 pm

Challenges situations in managing melasma
Dr Raghavendra Rao

05:50-06:00 pm

Injection lipolysis, Killing the fat from within
Dr Snehal Sriram





11:00–01:00 pm

LIVE DEMO – Toxins (Hall B1)

Course Directors : Dr Jyotsna Deo, Dr Satish Bhatia, Dr Dharmendra Karn

Toxins Overview : Dr Ami Shah (10 mins)

Hands-On Faculty : Dr Sejal Shah, Dr Shefali Nerurkar, Dr Ginni Chhabria,
Dr Nidhi Tandon, Dr Nishita Ranka

11:00–01:00 pm

Fillers (Hall B2)

Course Directors : Dr Amit Luthra, Dr Gulshant Panesar, Dr Archana Gulati

Fillers Overview : Dr Amit Luthra (10 mins)

Hands-On Faculty : Dr Deepika Shetty, Dr Falguni Shah, Dr Radhika Kopikar,
Dr Anju Methil

01:00–02:00 pm

Lunch Break

02:00–06:00 pm

Young Turks (Hall B)

Conceptualisers : Dr Neeraj Pandey, Dr Reshu Sharma, Dr Shreya Poddar





08:45-10:00 am

Session X - Psoriasis – Skin to Systemic

Chairpersons : Dr BB Mahajan, Dr Smita Chate, Dr Rahul Arora

Moderator : Dr Brijesh Nair

● Dr Murlidhar Rajagopalan (**Keynote Address**) (20 mins)

Voting Pad Questions

5 mins

● Case Presentations :

Dr Vinay Singh (8 mins)

Dr Sachin Varma (8 mins)

● Panelists :

Dr Alka Dogra, Dr Sudha Vani, Dr Meenaz Khoja, Dr Shital Poojary Dr Asha Doshi, Dr Sonali Langar

● Audience Moderator :

Dr Anil Ganjoo (40 mins)

● Lasers and Lights in Psoriasis

Dr Sumit Gupta Delhi (8 mins)

Conclusion: By Moderator

10:00-11:00 am

Medley II

Chairpersons : Dr Sanjeev Gulati, Dr Mukesh Manjhi, Dr Deepak Sharma

10:00-10:12 am

● The Cyclothon of Hair Transplant Journey

Dr Narendra Patwardhan

10:12-10:24 am

● Let's Nail It – Interesting Case Scenarios

Dr Chander Grover

10:24-10:36 am

● Topical Pifrenidone: Unveiling a new horizon in the management of hypertrophic scars

Dr Sonali Langar

10:36-10:48 am

● Adverse Drug Reactions: An Update

Dr Lalit Gupta

10:48-11:00 am

● The Urge to Scratch: Why and How

Dr Asit Mittal

11:00-12:00 Noon

Session XI - Vesiculo-Bullous Disorders

Chairpersons : Dr Chander Grover, Dr Vipul Gupta, Dr Mohd Haikal

11:00-11:15 am

● Dr Manas Chatterjee (**Keynote Address**)

11:00-11:30 am

● Interesting case studies

Dr Manjot Gautam

11:30-11:45 am

● Managing pemphigus in special situations

Dr Sudip Das

11:45-12:00 Noon

● Newer drugs in vesiculobullous disorders

Dr Ajita Bagai



12:00-01:00 pm

Medley III

Chairpersons : Dr B.S. Chandrashekar, Dr Ramanjit Singh, Dr Vineet Ralhan

12:00-12:12 pm

● Learning Practice Management

Dr Dipak Kulkarni

12:12-12:24 pm

● How to Start Your Own Dermatology Brand

Dr Manjot Marwah

12:24-12:36 pm

● The Art of Patch Testing

Dr Manoj Ram

12:36-12:48 pm

● Vascular Lasers: An Update

Dr Firas Al Niemi (UK)

12:48-01:00 pm

● Non-Aesthetic Applications of Neuromodulation

Dr S L Markaraya (Almaty)

01:00-02:00 pm

Lunch

02:00-02:45 pm

Rising Stars of Dermatology – All India PG Quiz Finals

Quiz Masters (Courtesy: Torrent)

Dr Manas Chatterjee, Dr Anuj Pall

02:45-03:15 pm

Debate – Fat Vs Fillers

Moderators : Dr Kalpana Sarangi, Dr Rajetha Damisetty

Fat - Dr Viral Desai

Vs

Fillers - Dr Amit Luthra

03:15-04:15 pm

Medley IV

Chairpersons : Dr Asif Imran Siddiqui, Dr Deepti Dhingra, Dr Lalit Gupta,
Dr Imrose Mohit

03:15-03:27 pm

● Breast Lift and Augmentation Using Fillers and Threads

Dr S.M. Ahmed Shamim

03:27-03:39 pm

● Couple Capers on Surgical Pearls

Dr Pradeep Kumari & Dr Nitin Jain

03:39-03:51 pm

● Suturing Techniques – An Update

Dr Sudip Parajuli

03:51-04:03 pm

● Understanding GST Reforms

Adv. Sumit Batra

04:03-04:15 pm

● My experiences with GST conundrums

Dr Prashant Agarwal

04:15-04:45 pm

Debate – Why Are You Encroaching on My Domain?

Moderator : Dr Vikramjit Singh Dhingra, Dr Anil Ganjoo

04:15-04:30 pm

● Dermatology

Dr Rishi Parashar

04:30-04:45 pm

● Plastic Surgery

Dr Vikram Singh Rathore



08:30-09:00 am **ADSB (Sister Society Meeting)**

09:00-09:30 am **SODVELON (Sister Society Meeting)**

09:30-10:30 am **CDSI @ SAARC AAD**
What's new in the Aesthetic World ?

09:30-09:40 am ● **Chairpersons :** Dr Amala Kamat & Dr Rashmi Sarkar

09:30-09:40 am ● **Fillers and threads - to slim hypervolumic faces**
Dr Amit Luthra

09:40-09:50 am ● **Polynucleotides: potential or just junk ?**
Dr Priti Shenai

09:50-10:00 am ● **Body Contouring : the right way forward**
Dr Ginni Chhabria

10:00-10:10 am ● **Advances in toxin indications : Moving away from the upper face**
Dr Bhavini Lodaya

10:10-10:20 am ● **Skin Boosters : Selecting and deselecting different types**
Dr Neetu Rajdeo

10:20-10:30 am ● **Non Aesthetic indications for hair laser**
Dr Anurag Tiwari

10:30-11:30 pm **Session XII - Enhancement Beyond Face**

10:30-10:45 am ● **Chairpersons :** Dr Asit Mittal, Dr Maleeka Sachdev

10:30-10:45 am ● **Cosmetic Camouflage in vitiligo**
Dr Gunjan Shah

10:45-10:55 am ● **RedifiningXathelasma surgery**
Dr Sumit Gupta Lucknow

10:55-11:05 am ● **Managing body aberrations**
Dr Manish Gautam

11:05-11:15 am ● **Male genital rejuvenation**
Dr Amit Luthra

11:15-11:25 am ● **Thulium Laser in Dermatology**
Dr Ameesha Mahajan

11:25-11:35 am ● **Body Recomposition**
Dr Atul Kathed

11:35-12:35 pm **Medley V**

11:35-11:50 am ● **Chairpersons :** Dr Isha Poudel Koirala, Dr Sumit Gupta (L), Dr Vipul Gupta

11:35-11:50 am ● **The New Era of Depigmentation Technology - Science Behind Multi-pathway pigment control**
Dr Murlidhar Rajagopalan (Courtesy: Eris)

11:50-12:05 pm ● **Improving outcomes in patients of melasma and hyperpigmentation**
Dr Anil Ganjoo (Courtesy: La Pristine)

12:05-12:20 pm ● **Aesthetic conundrums in Nepal**
Dr Isha Poudel Koirala

12:20-12:35 pm ● **Newer innovations in melanocyte transplant**
Dr Dileep Kachhawa



12:35-01:00 pm

IMCAS @ SAARC AAD (DEVICES AND DIRECTIONS)

Chairpersons : Dr Anil Ganjoo, Dr Amit Luthra

12:35-12:37 pm

IMCAS Intro

Dr Amit Luthra (Speaker)

12:37-12:49 pm

Pigment lasers : How have we evolved ?

Dr Anil Ganjoo (Speaker)

12:49-12:51 pm

Lasers and bruising : How to handle

Dr Hugues Cartier Video (Speaker)

12:51-01:00 pm

HIFU : Real time appreciation of how it has worked

Dr Sachin Dhawan (Speaker)

01:00-02:00 pm

Lunch

02:00-03:00 pm

FUE ASIA SESSION (TRICHOLOGY & HAIR RESTORATION)

Chairpersons : Dr Kavish Chouhan, Dr Rajetha Damisetty

02:00-02:08 pm

Genetics and Epigenetics of hair loss

Dr Ajara Sayyad

02:08-02:16 pm

PRP , PRF/ i-PRF & GFC : comparative analysis and understanding how to incorporate in practice

Dr Megha Tandon

02:16-02:24 pm

How to start trichology and ethical hair restoration practice

Dr Rajetha Damisetty

02:24-02:32 pm

Approach to understanding when and where to use regenerative Trichology procedures and hair transplantation

Dr Kavish Chouhan

02:32-02:40 pm

Video demonstration of different methods of using Stromal Vascular Fraction in trichology practice

Dr Neha Taneja

02:40-02:50 pm

Introducing Operation Hope and approach to hair restoration in Cicatricial alopecia : Dr Naveen Thomas

02:50-03:00 pm

Role of AI and softwares in precision Planning for hair restoration

Dr Gaurang Krishna

Q & A

03:00-04:00 pm

Session XIII - The Hair Affair

Chairpersons : Dr Shrilata Trasi, Dr Kavish Chauhan, Dr B L Jangid

03:00-03:12 pm

Regenerative therapies for hair growth

Dr Gaurang Krishna

03:12-03:24 pm

AGA therapies beyond Minoxidil and Finasteride

Dr Govind S Mittal

03:24-03:36 pm

Oral minoxidil - Small dose big impact

Dr Puneet Saraogi

03:36-03:48 pm

Nutraceuticals for hair growth

Dr Rohit Batra

03:48-04:00 pm

The magic of picolasers: Time to upgrade

Dr B.S. Chandrashekar



04:00-05:00 pm

Medley VI

04:00-04:08 pm

Cryolipolysis: A new way forward

Dr Padmavathi Surapaneni

04:08-04:16 pm

Hairline → Feminization & Masculinization Trends

Dr B.L. Jangid

04:16-04:24 pm

Peel complications: an unsolved delima

Dr Smita Nagpal

04:24-04:32 pm

Intimate rejuvenation

Dr Jyotirmay Bharti

04:32-04:40 pm

What's new in vitiligo pathogenesis

Dr Deepti Ghia

04:40-04:48 pm

NCMG: A ray of hope for stable vitiligo

Dr Sumit Gupta Delhi

04:48-04:56 pm

Periorbital Revitalization Using Polynucleotides (PN): Evidence-Based Approach

Dr Isha Poudel Koirala

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International Master Course on Aging Skin



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International Master Course on Aging Skin



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The Middle East International Dermatology & Aesthetic Medicine Association



FUEASIA



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