



Annual 6th World Congress 2024

“DIALOGUES IN INTERVENTIONAL & CLINICAL DERMATOLOGY”

Theme : Integrating Clinical Excellence With Aesthetic Innovation

SCIENTIFIC PROGRAM

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Date : 18th - 20th December 2024

Venue : JW Marriott, Juhu, Mumbai

WELCOME MESSAGE

DEAR ESTEEMED COLLEAGUE,

We are extremely excited to invite you to our next DiCD (Dialogues in Interventional & Clinical Dermatology), 2024 World Congress of the SAARC Association of Aesthetic Dermatology. This will be a historic meeting where the most senior stalwarts and the young turks from the Dermatology fraternity will come together and share Knowledge on the most pressing issues in the world of Dermatology and Aesthetics. The congress will be held on 18th to 20th December 2024 at the beautiful Mumbai, India.

The theme of the DiCD Congress is **“INTEGRATING CLINICAL EXCELLENCE WITH AESTHETIC INNOVATION”**. This fusion promises to be a spectacular intellectual feast. It will feature a diverse program encompassing, case-based discussions, symposiums and debates.

While the foundational principles remain constant, the techniques and execution have significantly evolved. Our combined meeting aims to offer a comprehensive overview of these recent developments, providing in-depth analysis and guidance on future trajectories. Our primary objective is to explore how these breakthroughs can enhance patient outcomes.

Emphasis during this combined conference will be laid on Joint Presentation and the ever-challenging area of Clinical & Aesthetic Dermatology.

This event isn't just about academic growth; we also recognize the importance of camaraderie amongst all colleagues. Our gathering promises ample opportunities for socializing and networking, fostering collaborative relationships that can propel your practice forward.

We look forward to welcoming you to The DiCD World Congress of Dermatology, 2024 that blends tradition with innovation and education.

With Warm Regards,

TEAM DiCD 2024

SAARC AAD Initiative

CONFIRMED INTERNATIONAL FACULTY



Dr. Peter Ch'ng



Dr. Firas Al Amin



Dr. Kravvas George



Dr. Minal Patwardhan



Dr. Nayef Bataineh



Dr. Ahmed Sadiq



Dr. Tarek Turk



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DAY 1, Hall - 1, Wednesday, 18th Dec 2024



08:00-09:00 am REGISTRATION

9:00-10:10 am PSORIASIS

Chairpersons : Dr Rajesh Kumar, Dr R D Mukhija

09:00-9:10 am ● **Etiopathogenesis from T Cell to JAK Stat**
Dr Brijesh Nair

09:10-9:20 am ● **Choosing the Right Biologics**
Dr Vinay Singh

09:20-9:40 am ● **Comprehensive Management of Psoriasis in Diverse Population and Complex Scenarios**
Dr (Major Gen.) Manas Chatterjee

09:40-10:10 am ● **Case Crunch: Experts Take on the Toughest Psoriasis**
Moderator : Dr Vishalakshi Vishwanath
Panelists : Dr Manjot Gautam, Dr Shital Poojary, Dr Manoj Ram, Dr Rajesh Kumar, Dr Karthik Raja

10:10-11:00 am THE QUEST FOR THE RISING STAR OF DERMATOLOGY

Quizmasters

Dr (Major Gen.) Manas Chatterjee & Dr Anuj Pall

11:00-12:00 pm ATOPIC DERMATITIS

11:00-11:15 am ● **Chairpersons :** Dr Rajeev Sharma, Dr Rajetha Damisetty
Newer Drugs in Atopic Dermatitis
Dr Rohit Batra

11:15-11:30 am ● **A New Era Moderate To Severe Atopic Dermatitis : Selective JAK1 Inhibitor**
Dr Vinay Singh

11:30-12:00 pm ● **The Expert's Edge: Solving Complex Problems Cases**
Moderator : Dr Mukesh Girdhar
Panelists : Dr Pravin Banodkar, Dr Samipa Mukherjee, Dr Srilata Trasi, Dr Rohit Batra, Dr Rashmi Sharma, Dr Himanshu Gupta

12:00-01:00 pm AUTOIMMUNE MEDLEY

Chairpersons : Dr Bharat Bhushan, Dr V P Kaushik

12:00-12:20 pm ● **Keynote Address: A Comprehensive Management Strategy of HS**
Dr Murlidhar Rajagopalan

12:20-01:00 pm ● **Scenario Spotlight: Expert Takes on Vesicobullous Cases**
Moderator : Dr Shital Poojary
Panelists : Dr Chitra Nayak, Dr Raghuvendra Rao, Dr Murlidhar Rajagopalan, Dr Nayan Patel, Dr Shikha Gupta, Dr Smita Ghate

01:00-01:15 pm ● **Has the Era of Child Aesthetics Arrived ?**
Dr Sachin Dhawan & Dr Anuj Pall

01:15-01:30 pm ● **Nutraceuticals**
Dr Minal Patwardhan (UAE)

01:30-02:30 pm

LUNCH



2:30-04:15 pm POTPOURRI

Chairpersons : Dr Anil Agarwal, Dr Vipul Gupta

02:30-02:50 pm ● **Dermatopathology: Clinical Correlation Case Studies**
Dr Rajiv Sekri & Dr Vinoo Sekri

02:50-03:10 pm ● **Combining Myoinositol and Metformin in Dermatology**
Dr Karthik Raja

03:10-03:30 pm ● **AI in Dermatology: Are We on the Right Path?**
Dr Deepak Jakhar

03:30-03:50 pm ● **Psychodermatology - Jugalbandhi**
Dr Sushil Tahiliani & Dr Harish Shetty

03:50-04:15 pm ● **Multidisciplinary Cross Talk: A Panel**

Moderator : Dr Shyamanta Barua

Panelists : Dr Harish Shetty, Ms Neha Ranglani, Dr Shashank Joshi, Dr Rekha Ambegaokar, Dr Nilesh Nolkha

04:15-05:00 pm STALWARTS SESSION LIFE EXPERIENCES

Moderator : Dr Anil Ganjoo

Panelists : Dr Kiran Godse, Dr Srilata Trasi, Dr Sushil Tahiliani, Dr Rajeev Sharma, Dr Vishalakshi Vishwanath, Dr RP Gupta

05:00-06:00 pm JOURNEY MATTERS, DESTINATION DOES NOT- A SAGA OF LIFE

MR. SHEKHAR SUMAN





DAY 1, Hall - 2, Wednesday, 18th Dec 2024



09:00-11:30 am YOUNG TURKS

Chairpersons : Dr Ajay Sharma, Dr Archana Gulati

- 09:00-09:10 am ● **Cardiac Safety of Low Dose Oral Minoxidil in Alopecia Patients**
Dr Richa Sharma
- 09:10-09:20 am ● **Live Case Sharing with Photos and Results of Unwritten Context**
Dr Dennis Henry
- 09:20-09:30 am ● **Acne Scar Revival: Topical Treatments that Work**
Dr Manasi Shirolikar
- 09:30-09:40 am ● **Non Surgical Fat Reduction: Advances in Injection Lipolysis**
Dr Tejaswini Salunke
- 09:40-09:50 am ● **Meso Therapy with Dutasteride And Bicautamide - My Experience**
Dr Agni Kumar Bose
- 09:50-10:00 am ● **Beyond Beauty : Expanding the Therapeutic Horizons of Diode Laser**
Dr Nirali Shah
- 10:00-10:10 am ● **Beyond the Usual Suspects: Unveiling Rare and Overlooked Causes of Pruritus**
Dr Shreya Poddar
- 10:10-10:20 am ● **Biofillers in Various Indications Dermatological and Non Dermatological**
Dr Mansi Bhatt
- 10:20-10:30 am ● **Comparative Study of Efficacy and Safety of Intense Pulsed Light and Combined Triple-Wavelength (755 Nm, 808 Nm and 1064 Nm) Laser in the Treatment of Facial Hirsutism**
Dr Taranpreet Kaur
- 10:30-10:40 am ● **Fungal Index in Dermatophytosis: An Attempt to Quantify KOH Yield**
Dr Vasvi Mahajan
- 10:40-11:30 am ● **Open House Discussion**
Moderator : Dr Neeraj Pandey, Dr Aseem Sharma
Dr Prachi B Bodkhe, Dr Bansari Davda, Dr Mandeep Bhukar, Dr Soumyaa Gulati, Dr Aishwarya Muddebihal

11:30-12:30 pm MEIDAM

Chairpersons : Dr Kalpana Sarangi, Dr Minal Patwardhan (UAE)

- 11:30-11:45 am ● **Management strategies in acute vascular occlusion post dermal fillers ; clinical insights**
Dr Nayef Bataineh
- 11:45-12:00 pm ● **Gen X to Gen Z Energy Based Aesthetic practice**
Dr Minal Patwardhan (UAE)
- 12:00-12:15 pm ● **Psychodermatology: global prevalence, practice patterns and treatment challenges**
Dr Tarek Turk
- 12:15-12:30 pm ● **Q&A**



12:30-01:30 pm MEDLEY 2.0

Chairpersons : Dr Rohit Batra, Dr Viral Desai

- 12:30-12:45 pm ● **The Power Of Oats For Atopic Dermatitis**
Dr Madhuri Agarwal
- 12:45-01:00 pm ● **TBA**
Dr Pooja Chopra
- 01:00-01:15 pm ● **TBA**
Dr Sharmila Nayak
- 01:15-01:30 pm ● **Power, Speed & Efficacy Of Laser Hair Removal Machine - Soprano Titanium Special Edition**
Dr Rohit Batra
- 01:30-01:45 pm ● **The Bioremodellor - Profhilo**
Dr Pallavi Sule

01:30-02:30 pm

LUNCH

02:30-03:30 pm **IMCAS (LOOK BEFORE YOU LEAP : COMPLICATIONS IN AESTHETIC DERMATOLOGY PROCEDURES)**

Chairpersons : Dr Amala Kamat, Dr Ahmed Sadiq

02:30-02:40 pm ● **Botulinum toxin - Prevention and Management of Complications**

Dr Viral Desai

02:40-02:50 pm ● **Vascular Occlusion with Fillers : The Nightmare Situation**

Dr Amit Luthra

02:50-03:00 pm ● **Where do we go Wrong in Laser Hair Removal?**

Dr Ahmed Sadiq (Cairo)

03:00-03:10 pm ● **Pigment Laser and the Pitfalls**

Dr Anurag Tiwari

03:10-03:30 pm ● **Q&A**

Moderator : Dr Anil Ganjoo

03:30-04:15 pm **MEDLEY 3.0**

Chairpersons : Dr Karthik Raja, Dr Asif Siddiqui (Bangladesh)

03:30-04:45 pm ● **Post procedural skin care**

Dr Jyotsna Deo

03:45-04:00 pm ● **Why Is Q Switched Laser A Must Have Technology For Your Clinics**

Dr Apratim Goel

04:00-04:15 pm ● **Paradigm Shift In Contouring**

Dr Samatha Nuthalapati

IMCAS





09:00-11:00 am CHANGING SCENARIO IN ACNE MANAGEMENT

Chairpersons : Dr Mohammed Haikal (Maldives), Dr Peter Ch'ng (Malaysia)

09:00-9:12 am

Teen Acne Troubles: Smart Strategies for Management
Dr Ana Teles

09:12-9:24 am

Newer Strides In Management Of PCOS - Myoinositol
Dr Anil Ganjoo

09:24-9:36 am

Acne in Pregnancy and Lactation a Different Ball Game
Dr Nina Madnani

09:36-09:55 am

Debate: Acne Procedures - Commerce vs. Science
Dr Rishi Parashar / Dr Niten Dhepe

09:55-10:10 am

Acne Scars : Achieving the Best Outcomes
Dr Peter Ch'ng (Malaysia)

10:10-11:00 am

Acne Adventures: Real Cases and Expert Panel
Moderator : Dr Sanjiv Kandhari

Panelists : Dr Bhavini Lodaya, Dr Meenaz Khoza, Dr Radhika Kopikar, Dr Shylaja Someshwar, Dr Vasudha Belgaumkar, Dr Neetu Rajdeo, Dr Damini Arora

11:00-12:30 pm EVOLUTION OF PIGMENTARY PARADIGM

Chairpersons : Dr Archana Gulati, Prof. Firas Al-Niaimi (United Kingdom)

11:00-11:12 am

Melanogenesis Mysteries: Exploring New Pathways
Dr Rashmi Sarkar

11:12-11:24 am

Managing Stubborn Melanosis: Strategies and Insights
Dr Farida Modi

11:24-11:36 am

New Treatment Advances: Do They Really Work?
Dr Swapnil Shah

11:36-12:30 pm

Pigmentation Puzzle: Challenging Cases and Expert Chats
Moderator : Dr Niti Khunger

Panelists : Dr Ginni Chhabria, Dr Sukesh MS, Dr Geeta Patel, Dr Vikrant Saoji, Dr Samatha, Dr Rickson Pereira

12:30-12:45 pm

Genital Dermatoses for the Dermatologists
Dr George Kravvas (UK)

12:45-01:30 pm

A New Generation Skinbooster Unlocking Immediate Lifting & Tightening of The Skin Without Needles
Dr Madhuri Agarwal & Dr Deborah Subissati (Italy)

01:30-02:30 pm

LUNCH



02:30-04:00 pm

REGENERATIVE MEDICINE - A GAME CHANGER

Chairpersons : Dr George Kravvas (United Kingdom), Dr Shashikant Gwalia

02:30-02:45 pm

The Magic of Regeneration: Exploring Mechanisms

Dr Viral Desai

02:45-03:00 pm

New Kids on the Block: Fresh Faces in Dermatology

Dr Maya Vedmurthy

03:00-03:15 pm

Nano Fat : Exploring the Future

Dr Nilesh Goyal

03:15-03:40 pm

Debate Exosomes: Love or Hype? A Dermatologist Couple Face off

Dr Madhulika Mhatre & Dr Aseem Sharma

03:45-04:00 pm

My Approach to Vascular Laser

Prof. Firas Al-Niaimi (United Kingdom)

04:00-06:00 pm

PRACTICE MANAGEMENT

Chairpersons : Dr Anurag Tiwari, Dr Sudip Parajuli

04:00-04:10 pm

Setting up Aesthetic Clinic

Dr Koushik Lahiri

04:10-04:20 pm

In-House Pharmacy "A Beginner's Dilemma "

Dr Neeraj Pandey

04:20-04:30 pm

Starting an Injectable Practice

Dr Kalpana Sarangi

04:30-04:50 pm

Gst Compliance in Dermatology and Aesthetic Practice , The First Hand Experience

Dr Prashant Agarwal

04:50-05:00 pm

"Humor in Practice "A Breather in Challenging Times

Dr Rishi Parashar

05:00-05:10 pm

Social Media in Dermatology Practice "The Thin Line of Ethics "

Dr Rajetha Damisetty

05:10-05:20 pm

Practitioner to CEO with Digitalisation Using Cliniceo

Dr Madhuri Agarwal

05:20-06:00 pm

Panel Discussion: "The Conundrums of Dermatology Practice "

Moderator : Dr Neeraj Pandey

Panelists : Dr Archana Gulati, Dr Mohammed Haikal (Maldives), Dr Seema Oberoi Lall, Dr Koushik Lahiri, Dr Manish Gautam





DAY 2, Hall - 2, Thursday, 19th Dec 2024



10:30-11:30 am ADVANCEMENTS IN DERMATOSURGERY

Chairpersons : Dr Ajay Sharma, Dr Sachin Dhawan

10:30-10:40 am

Basic of Suture Techniques

Dr Sudip Parajuli

10:40-10:50 am

Earlobe Repair

Dr Yogesh Bhingradia

10:50-11:00 am

Fat Transfer a Novel Therapy for Different Dermatology Indication

Dr Nitin Jain

11:00-11:30 am

Panel Discussion

Moderator : Dr Syed Mubashir

Panelists : Dr Sudip Parajuli, Dr Yogesh Bhingradia, Dr Nitin Jain, Dr Peerzada Sajad, Dr Ojas Kulkarni

11:30-12:30 am MEDLEY 4.0

Chairpersons : Dr Samipa Mukherhee, Dr Yogesh Bhingradia

11:30-12:00 pm

Body Layering A New Concept

Dr Sadhana Deshmukh

12:00-12:15 pm

Hybrid Q Switch Unique Approach To Skin Rejuvenation

Dr Banshri Mahadevi

12:15-12:30 pm

Advancement In Anti Aging Using RF(Thermage) and Lasers (Endolift)

Dr Sunita Naik

12:30-01:30 pm CDSI (THE AGING CLOCK CURSE : HOW I FIGHT BACK)

Chairpersons : Dr Amala Kamat, Dr Neetu Rajdeo

12:30-12:40 pm

Botulinum Toxin for the Lower Face and Neck

Dr Bhavini Lodaya

12:40-12:50 pm

Botulinum Toxin for the Masseters, Parotid & Temporals

Dr Neetu Rajdeo

12:50-01:00 pm

Skin Boosters : What's New

Dr Ginni Chhabria

01:00-01:10 pm

Fillers for the Jawline

Dr Amit Luthra

01:10-01:30 pm

Ask the Experts

Moderator : Dr Anurag Tiwari



01:30-02:30 pm

LUNCH



02:30-05:00 pm

"GOING BEYOND BASICS - IN COLLABORATION WITH FUE ASIA"

Chairpersons : Dr Aseem Sharma , Dr Kavish Chouhan

02:30-02:35 pm

Welcome and Introduction Speaker

Dr Kavish Chouhan

02:35-02:47 pm

Medical Management Beyond Minoxidil and Finasteride

Dr Geetanjali Shetty

02:47-03:00 pm

An Exploration of Medical Treatments for Hair Loss Beyond the Conventional Categories of Male and Female Pattern Baldness

Dr Pradeep Kumari

03:00-03:12 pm

Trichoscopy – beyond the usual suspects

Dr Samipa Mukherjee

03:12-03:24 pm

Platelet Biomaterials Beyond PRP

Dr Shashank Bansod

03:24-03:38 pm

Next -Gen Hair Transplantation Beyond Basics

Dr Kavish Chouhan

03:38-03:50 pm

Regenerative Trichology Beyond Conventional Therapies

Dr Ajara Sayyad

03:50-04:20 pm

Automation In hair transplant

Dr Kuldeep Saxena

04:20-05:00 pm

Treating Alopecia Beyond Conventional

Moderator : Dr. Aseem Sharma

Panelists : Dr. Prashant Agrawal, Dr Smriti Shrestha (Nepal), Dr. Amit Kelkar, Dr Kuntal Deb Burman, Dr Amit Kerure, Dr Sukesh MS, Dr Richa Sharma





09:00-10:30 am ADVANCED TECHNIQUES IN INJECTABLE AESTHETICS

Video Workshop Chairpersons : Dr Sanjeev Gulati, Dr Vibha Nigale

- 09:00-9:15 am ● **Face It: Deep Dive into Facial Anatomy**
Dr Rajat Gupta
- 09:15-9:30 am ● **Facial Assessment: Expert Techniques and Tips**
Dr Rajetha Damisetty
- 09:30-9:50 am ● **Tox theTrapezius, Calves, Migraine, and Droopy Nose**
Dr Amit Luthra
- 09:50-10:10 am ● **Fillers Uncovered: Forehead, Hands, and Temples**
Dr Malavika Kohli
- 10:10-10:20 am ● **Transforming Brow, Nose, Neck, and Scalp with threads**
Dr Kalpana Sarangi

10:30-12:15 pm TREATING CHALLENGING AREAS ALGORITHM

Video Workshop Chairpersons : Dr Archana Gulati, Dr Dipak Kulkarni

- 10:30-10:45 am ● **Newer Avenues in Upper Face Rejuvenation**
Dr Rajat Kandhari
- 10:45-11:00 am ● **Lip Service : Mastering Treatment in Tricky Areas**
Dr Preeti Shenai
- 11:00-11:15 am ● **Undereye: Effective Approaches for Difficult Areas**
Dr Madhuri Agarwal
- 11:15-11:30 am ● **Effective Algorithms for Neck**
Dr Sachin Dhawan
- 11:30-11:45 am ● **Lets Humanise Faces Back Again**
Dr Rajat Gupta
- 11:45-12:15 am ● **Injectable Hiccups: Navigating Complications with the Experts**
Moderator : Dr Neeraj Pandey
Panelists : Dr Amit Luthra, Dr Indu Balani, Dr Ishad Aggarwal, Dr Shefali Trasi, Dr Meghna Gupta, Dr Falguni Shah

12:15-02:45 pm LUNCH SYMPOSIUM LASER THERAPY UNLOCKED: BEST PRACTICES AND INNOVATIONS

Video Workshop Chairpersons : Dr Girish Shah, Dr D M Mahajan

- 12:15-12:35 pm ● **Laser Physics Unveiled: Understanding its Evolution**
Dr Sachin Dhawan
- 12:35-12:50 pm ● **The Journey from Nano to Picolaser**
Dr Sanjeev Aurangbadkar
- 12:50-01:10 pm ● **Diode Revolution: The Future of Laser Hair Removal**
Dr Anil Ganjoo
- 01:10-01:30 pm ● **Laser Face-Off: Ablative vs. Non-Ablative**
Dr Jagdish Sakhiya
- 01:30-01:50 pm ● **EBD Video Buzz: Insights into Dermatology Procedures**
Dr Anuj Pall
- 01:50-02:10 pm ● **From Depth to Surface: Achieving Skin Tightening with HIFU**
Dr David Pudukaddan
- 02:10-02:45 pm ● **Laser Lab: Master Panel's Most Intriguing Case Studies**
Moderator : Dr Anurag Tiwari
Panelists : Prof. Firas Al-Niaimi (United Kingdom), Dr Peter Ch'ng (Malaysia), Dr Ajay Sharma, Dr Minal Patwardhan (UAE) , Dr Gaurav Nakra, Dr Kashish Kalra, Dr Sumit Gupta

03:00-04:00 pm

HIGH TEA

SISTER SOCIETIES



ADSB
Aesthetic Dermatology Society of Bangladesh



IMCAS
International Master Course on Aging Skin



MEIDAM
The Middle East International Dermatology & Aesthetic Medicine Association



VDPAC
Ästhetisch-Plastischen, Chirurgen, Vereinigung Der Deutschen



5 CONTINENT CONGRESS
Aesthetics, Lasers and Medicines for the Skin



AOCSON
Association of Cutaneous Surgeons of Nepal



CDSI
International Master Course on Aging Skin



FUEASIA



WOCPM
World Council of Preventive Medicine





PLATINUM



GOLD



SILVER



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**SCIENTIFIC
PROGRAM**



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